



Arizona Boost 'em

Facts about Booster Seats

- Motor vehicle crashes are the leading cause of death for children between 5 and 8 years old. Many of these children are not properly restrained.
- For children 5 to 8 years old, belt positioning booster seats reduce injury risk by 59% compared to seat belts alone; however most children in this age group are currently (and very often incorrectly) restrained by seat belts designed for adults.
- It is recommended that children who are between 40 and 80 pounds and up to 4' 9" tall should use a belt-positioning booster seat in the back seat of the car.
- When children are allowed to ride in seat belts, they can suffer serious internal injuries, slip out of the belt, or be ejected from the vehicle during a crash.
- Booster seats allow children a comfortable ride while ensuring that the adult seat belt fits appropriately across the child's shoulder and thighs.



AZ Injury Facts For 5-8 year olds 2006

- 17 children died in car crashes
- 64% were not properly re-strained in seat belts or booster seats
- 155 children were hospitalized due to injuries from car crashes
- 1,031 children were treated in emergency rooms for injuries from car crashes

Booster Seats Protect Children

Save Lives!

4 Steps for Kids

1. Use rear-facing infant seats in the back seat from birth to at least one year of age and at least 20 pounds.
2. Use forward facing toddler seats in the back seat from age one and 20 pounds to about age four and 40 pounds.
3. Use booster seats in the back seat from about age four to at least age eight- unless the child is 4' 9" or taller.
4. Use seat belts in the back seat at age eight or older and taller than 4' 9".

All children under age 13 should ride in the back seat!

